

## The Podcast Issue From your Elementary Library Media Specialists!



Podcasts can be a terrific way for adults and kids learn while listening. Most podcasts are free, downloadable and portable. Episodes will can be serialized or stand alone. Subscribe to favorites and the latest episodes will populate your mobile podcast app on a weekly or bi-weekly basis. Check out Common Sense Media for a list of 25 recommended podcasts for kids. The following are selected for elementary students.



This fun and fast-moving spin-off of the popular Brains On! podcast is a family-friendly debate podcast. A kid judge listens to and scores the rousing, fact-based arguments of two contestants. With episodes like "Dragons versus Unicorns" and "Pizza versus Tacos," kids will be hooked, and they won't even notice that they're learning how to defend their ideas along the way. **Best for:** Upper Elementary



With wacky episode titles such as "What if Legos were alive?" and "What if sharks had legs?," this series takes ridiculous "what if" questions submitted by young listeners and turns them into a new story every two weeks. Host Eric O'Keefe uses silly voices and crazy characters to capture the imaginations of young listeners with a Mad Libs-like randomness. Best for: All Ages



Thanks to the hosts' soothing voices and a pre-story meditation, your kid might fall asleep to this podcast before the story even gets underway. But if not, the gentle adventures on Ahway Island will also sweep them off to dreamland. This podcast teaches kid-friendly mindfulness practices like "deep dragon breaths" that can be carried into waking life as well. **Best for:** All ages



Kids like to be informed and engaged, but talking to kids about the news can be a challenge. This podcast, created by moms who are broadcast journalists, offers young listeners five minutes of kid-friendly news (followed by a quick quiz) each day, five days a week. Perfectly timed for waking up, KiDNuz lets you start the day off on a worldy note. Best for: All ages



The catchy soundtrack is the star in this delightful podcast from children's music duo Andrew & Polly. But this funny program also covers a range of topics by talking to actual kids as well as experts, providing thoughtful fun for young ones and their grown-ups. Best for: Preschoolers and little kids

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